Age Limit Policies For Facility Program Areas

These age limit policies are established so that we can provide a safe, supportive and positive environment for everyone. Your support and cooperation in helping enforce these policies is greatly appreciated.

**Locker Rooms**
- Children ages 12 & under are not permitted in the adult locker rooms. Adults may accompany children under 12 into the boy's/girl's locker rooms or use the family changing rooms located in the hall outside the men's/boy's locker room.
- Children under the age of 5 must be supervised by an adult at all times.
- Saunas in the men’s and women’s locker rooms are for members 18 years and older

**Fitness Center**
- Children under the age of 12 are not permitted to use any of the weight or cardio equipment at any time.
- Children 12-14 years of age must be supervised by an adult at all times when using the equipment or when they are attending a group exercise class.
- Members 15 years and up have unlimited use of the Fitness Center equipment.
- Children 8-14 years may use the indoor track in the Fitness Center as long as they are supervised by an adult.
- Members 15 years and up have unlimited use of group exercise classes.

**Outdoor/Indoor Pools**
- Children under the age of 8 must be supervised by an adult at all times when using the pool.
- Children 8-11 years of age are permitted to use the pools as long as a supervising adult is observing them in the pool area.
- Children 12-14 years of age are permitted use the pools as long as an adult remains in the facility.
- Children 12-14 years of age are permitted to attend water exercise and lap swim activities as long as they are supervised by an adult.
- Members 15 years and up have full use of both pools. (Please see Pool Schedule for open time activities)

**Coble Gym**
- Children under the age of 10 must be supervised by an adult during open activity times.
- Children 11-14 years of age are permitted to use the Gym as long as an adult remains in the facility.
- Members 15 years and up have full use of the Gym during open time. (Please see Coble Gym schedule for open time activities)

**Racquetball Courts**
- Children under the age of 12 must be supervised by an adult at all times when using the courts.
- Members 15 years and up have full use of the courts & can reserve court time.
- Protective eye wear is recommended for everyone.
Thank you for your cooperation.