

CPR Challenges

Challenge Information

- Each date includes American Red Cross CPR Certification. Both the CPR/AED for the Health Care Provider or Lifeguard AND CPR for the Community Rescuer certifications are available.
- If you took a lifeguard class and want to continue lifeguarding you need to take CPR/AED for the Lifeguard. Use your lifeguard book to study.
- If you need CPR for child care, teaching, general employment or just to keep your certification valid, generally you should take the CPR for the community responder.
- AED certifications are valid for 1 year; first aid certifications are valid for 3 years
- All certifications are American Red Cross; the YMCA of the East Valley is an authorized provider for the American Red Cross Inland Empire Chapter
- Please arrive to the class test ready. No refunds will be given for those who fail the challenge.

Classes will be held at the Redlands Family YMCA on :

Saturdays 10am-12:30pm

Sep 18, Oct 16, Nov 13

Fees \$30/\$35/\$40

Class Limited To 7 Participants

Please call Aquatics with questions:

(909)798-9622 x 212



Redlands Family YMCA 500 East Citrus Ave Redlands, CA 92373