



the

YMCA



Summer

Dear Highland Family YMCA Day Camp Families,

Thank you for choosing Highland Family YMCA's Summer Day Camp for your child's summer of fun. Summer Day Camp is a recreational program designed to build friendships, enhance your child's enthusiasm and appreciation for the natural world, and provide a fun-filled summer atmosphere for them. Your child will have the opportunity to exercise and play, as well as the opportunity to learn teamwork, socialization, and cooperation. This summer we will be hosting three separate camps. **Summer Explorer Camp**, for our campers ages 7-12. **Summer Friendship Camp**, a low-ratio, non-traveling camp for our campers age 5-6, or campers with special attention needs. And a **Summer Leader in Training (L.I.T.) Camp**, for campers age 13-17, which will focus on leadership and team building skills and activities, as well as the important of volunteering and community activism.

Included in this packet, you will find some important information pertaining to Highland Family YMCA Day Camp, including: Camp Registration Form, Rules and Guidelines/Parent Pick-up Form, and an Emergency Form. When you register, you will also want to make sure that you pick up our Parent Handbook. It will contain any pertinent information regarding payment and behavior policies, scheduling, and Day Camp philosophies that you will want to know. To ensure that the first day of camp is a smooth and effortless one please complete and turn in the Rules and Guidelines/Parent Pick-up form, and the Emergency form before your child's first day of camp. Please discuss the rules and positive guidelines with your child prior to the first day of camp to ensure an enjoyable camp experience.

In order for everyone to have a safe and enjoyable time at Summer Explorer Day Camp, your child should come prepared with several items. Although the staff cannot be held responsible for your child's personal belongings, there is a designated area set aside for all Summer Explorer Day Camp participants.

I strongly recommend labeling all items brought to camp with your child's name in order to identify any articles in question. The following items are required:

Please Bring:

1. **Snacks and Lunch.** We develop some big appetites during Day Camp. While we do provide an afternoon snack for our campers, they will still get hungry throughout the day, please pack some nutritious snacks along with a lunch. Good wholesome foods include fruit juices, whole fruits, vegetables, nuts, cheeses, high-fiber crackers, breads, and sandwiches.

The YMCA vending machines will be off-limits to all campers. PLEASE LIMIT SUGARY FOODS. SUN AND SUGAR DO NOT MIX!

2. **Comfortable shoes and socks.** Sandals are appropriate for going to and from the pool, and for days we may have a water field trip planned. Otherwise, all participants **MUST** have closed toed shoes, or they **MAY NOT** participate in planned activities.
Shoes and socks are **NECESSARY** for field trip days!
3. Backpack or beach bag containing a bathing suit, change of clothes, hat, towel, and pool appropriate cover-up.
4. Waterproof sunscreen with name of child taped on. Please apply before bringing child to camp. We will assist with additional applications throughout the day.
5. **WATER!!!** We encourage our campers to drink water throughout the day, especially when we are active or if the weather is hot. Bringing a personal water bottle could aid in this effort, there are plenty of water fountains and water jugs available for campers to re-fill through out the day.

Field Trip Days:

- Field trips are not guaranteed, field trip activities will depend on enrollment numbers. Individual camper participation will depend on camper behavior during day camp.
- Field trips **DO** include an additional cost, and payments must be made to the front desk **prior to the day of the field trip.**
- Wear Bright Green T-Shirt.
- Wear tennis shoes with socks.
- Items brought to camp will be secured behind locked doors when we leave the facility.

Please Do Not Bring:

- Personal items of value that may be lost, stolen, or broken (Personal gaming devices, iPod's, stuffed animals, personal games etc). Such items will be confiscated and returned to parents upon pickup. *The Highland Family YMCA can not be held responsible for such items lost or broken during Day Camp.*
- Any items that may cause injury or harm to your child or others.
- No money is allowed, unless there is a special "food-run" day specified, or extra money for a field trip. On these cases money will be turned over to the staff to be kept safe until needed.

Camp Times Are:

Camp Hours: Drop off no earlier than: 6:30am

Pick up no later than: 6:30 pm

Any late pick-up or early drop-off will be charged \$1 per minute.

Please note: On field trip days, especially with bus transportation, all staff and campers leave together. Any Summer Explorer Day Camp participants who are late, or, who are not able/permitted to participate in a scheduled field trip, will remain at the facility with our Summer Friendship Camp. Please make sure that you do not have any appointments/activities scheduled around the time of return. Buses may be delayed due to traffic.

Once again, thank you for selecting Highland Family YMCA's Summer Explorer Day Camp. I am looking forward to meeting with you and your child(ren) this summer!

Sincerely,

Diana Payne

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